



Filey Lions 10K Beach Race

Sunday 6th September 2020

Start time: 11am

	MALE	FEMALE
	16 – 39	16 – 39
	40 - 49	40 – 49
	10 43	40 43
Age on race day:	50 - 59	50 – 59
the off face day.	30 33	30 33
Email address:		Over 60
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Are you a member of a UKA affiliated club?:		
Are you a member of a ONA armiated club:		
Reg'n no:		
neg II. IIO.		
	Age on race day: ifiliated club?: Reg'n. no:	16 – 39 40 – 49 Age on race day: 50 – 59 Over 60

Entry fees: £13.00 affiliated member, £15.00 none affiliated.

Please return your completed entry form and fee to:

Filey 10k Beach Race, The Evron Centre, Filey, N.Yorkshire, YO14 9DW

Please return entries by: 24th August 2020

Online entry link; https://www.runbritain.com/entries/EnterRace.aspx?evid=7bb80bc95962&erid=7abc0cca5967 I enclose my cheque payable to **Filey Lions Club** in the sum of **£**

Entries received on the day are accepted subject to availability (please enquire) and £2 surcharge

DECLARATION: I agree to abide by the rules of the event and understand that the officials' decisions will be final. I confirm that I have no medical disabilities that will endanger myself or other participants. (I will not run on the day if I am unfit). I understand that the race organisers are not liable for any loss, damage or injury howsoever caused before, during, after or as a result of my entering the race. A signed entry form by me will be considered acceptance of UK Athletics rules. 10K runners must be aged 16 years or over on or before race day -6^{th} Sep 2020. Please note the race is mixed terrain and is unsuitable for wheelchairs and pushchairs, for further information regarding disability entrants then please contact Paul Duley on 03300240684, we will do our utmost to accommodate your requirements.

	e used in relation to the management and promotion of this event and for and will not be shared with other parties. Please tick the appropriate box
indicating your approval or disapproval, I approve	I do not approve
Signed:	Print name:

Race Souvenir for all Finishers!







